We would like to acknowledge the traditional custodians of the land on which Coledale Public School is situated. We pay our respects to the Dharawal people and to elders past, present and the future.

Important Dates

These are our upcoming events for the next couple of weeks. Be sure to check out our website for more events.

### Coming Events

**Term 1 Week 4**
- **Monday 15 Feb** School Banking
- **Tuesday 16 Feb.** P&C Meeting 7pm
- **Tues 16 Feb.** – Scripture / Ethics commences
- **Saturday 20 Feb.** Surf Life Saving Helicopter landing on school oval.
- **Wed. 17 Feb.** Kinder StEPS Eyesight Screener Test
- **Wed. 17 Feb.** Canteen orders due.
- **Wed 17 Feb.** Best Start Interviews
  Kinder parents
- 

### Term 1 Week 5

- **Mon 22 Feb.** School Banking
- **Mon. 22 Feb.** Assembly – School Leaders
- **Wed. 24 Feb.** Canteen orders due.
- **Fri 26 Feb.** District Swimming Carnival at Corrimal Pool.

### Term 1 Week 6

- **Mon 29 Feb.** School Banking
- **Wed. 2 March.** Canteen orders due.
- **Wed. 2 March.** School Photos

### Things requiring your attention

- Resource Fee payments
- General Permission Note bundle to be returned.

### Principal’s Report

What a fantastic swimming carnival we had last Friday! It was terrific to see the students being prepared to have a go. I know many achieved personal bests, because they pushed themselves to go that extra distance or try the form strokes. Well done, boys and girls. Thank you, to all the parents that pitched in and helped with time keeping. Thank you also to our wonderful staff, especially Mr Galvin and Mr Jones for organising an outstanding carnival. Best wishes to our district swimming team at the carnival on 26 February at Corrimal Pool.

Our Kindergarten and Year 6 buddies program is working well and as a result Kindergarten are very settled and enjoying big school routines.

Many thanks to the parents that have come along and established a relationship with the teachers at the Meet the Teacher sessions. Your child’s education gains great benefits from parents and teachers being partners in the education process. Our teachers are always happy to chat with parents but please be mindful that it is best to make an appointment, as often they do have time restraints and meetings to attend.

Kind regards

Tanya Potter
Principal
Road Safety
Unfortunately in the past week I have seen and heard of some very unsafe practices around our school. Parents and students need to all slow down and be thinking safety first. Some things to please consider:

- Parents should park legally and walk to the front gate to meet their children of an afternoon.
- Students should wait inside the gate and if no parent arrives inform the staff member on bus duty.
- Students **should never** be encouraged to walk between parked cars and jump in cars that are not legally parked.
- Please be aware Police and council rangers regularly patrol school zones and ours is no exception.
- Students should enter/exit through the pedestrian gate, not the car park gate.
- Our **staff** car park is just that and parents should not use it as a drop off zone.
- Students riding to school must wear helmets and walk from the school gate to the parking area.
- Parents and students should all use the pedestrian crossing at the lights when crossing Lawrence Hargrave Drive.

Safety first please everyone – you are all so valuable to our school community!

Professional Learning
The staff have been completing various professional learning sessions in the last few weeks. Yesterday they completed the anaphylaxis and CPR training until 6pm. This unfortunately delayed our K-2 Meet the Teacher afternoon and we apologise for this but it is essential that our staff maintain their accreditation.

Health Risk – we have recently had some students diagnosed with Impetigo. This is a highly contagious skin infection that begins with small red spots which quickly change to blisters. Often impetigo can start with a small sore which doesn’t heal and starts to spread.

If you suspect your child may have Impetigo see your family doctor. Impetigo is usually treated with antibiotics. Once treatment has commenced and sores are properly covered by a water tight dressing, children are allowed to return to school.

To help prevent the spread of impetigo hand washing is very important. Please encourage your children to wash their hand with soap frequently. For more information go to www.health.nsw.gov.au

School Band
It is with regret but unfortunately we have had to cancel band for this year. A small number of students were interested but small numbers make it a very expensive activity.

Canteen / Banking
**Canteen**: Please remember to place your orders in Wednesday morning by 10am ready for Thursday. Angie would love to hear from any parents that would like to volunteer. It is an easy way to help and only takes a few hours on Thursday morning.

**Banking**: is Monday. Books must be handed in before the bell at the office. It is a good practice to hand in all notes and money to the office as students arrive at school, before they go to the playground. This is especially so for banking, as Jenni our parent volunteer completes the banking before rushing off to work. If books are handed in late they may not be processed until the following week.

Garden Helpers
Some of our gardens are rather over grown at the moment. If parents find they have spare time please feel free to help out by pulling a few weeds. Mr Galvin or Mrs Chilton will always help out by unlocking tool sheds so you can access some garden tools. Why not get a friend or two and spend some time in the garden?

Graphic Designer wanted
Mrs Potter is looking for someone to assist with some new school digital artwork. If you know someone who has graphic design skills and would like to showcase their work please contact Mrs Potter.
P&C
The next P&C meeting will be held on Tuesday 16th February at 7pm in the Year 2 classroom. All parents and friends are welcome to attend. This group of dedicated parents assist our school enormously but they need assistance. In today’s society it is very difficult as most parents work, often in demanding positions. But as a school we do require some parental support. I would urge all parents to consider contributing a little time and effort. Please come along to the next meeting to find out all about the great things the P&C do to help our school.

Sports Trials
Good luck to the many students Year 5 /6 students that have been chosen to attend sporting trials over the coming weeks.

Permission Notes / Emergency Contacts
Earlier this week general permission notes were issued to all children. It would be an enormous help if these can all be returned promptly.

What does Learn to Live mean?
Last week Year 6 were asked to write down what our school motto means to them. I was lucky enough to have these shared with me and some of them were very impressive. Have a read of the few I have included?.

I believe that our school motto “learn to live” means exactly what it suggests, that our school teaches us students how to live. But it does not just teach us life skills like how to read but also how to look after the environment and how to make friends.

So is that why our motto is learn to live? Well I think it probably is, but I would also argue that it is not the only reason, for I believe that are many reasons. Another reason is that our school also teaches maths, reading and spelling so that when you leave school you can buy things at the shops and not go over budget.

At Coledale Public School learn to live means communicating with each other. Learn to live means that we are learning how to be a good friend and how to use leadership skills. Therefore I believe that our school motto learn to live has many interpretations. By Cate

I think learn to live means that our school will always be there for us.

Our school teaches us how to be resilient and how to make friends and cooperate in hard and tough situations.

Learn to Live is Coledale Public School motto. By Isabella

"Learn to Live" our school logo means many things to me. But when or if you sit down and have a good think about it like me you realise something else, something, different... Learn to live for me is our school motto and I wear it around with pride. But also it means learn to live, I mean it says and explains itself. By Nick

What does our motto mean to you?
This year we are implementing our PBL Program or Positive Behaviour for Learning. Each newsletter we will share with parents an aspect of the PBL program.

**How did the three values come about?**

In 2015 we examined our data from 2012 – 2015 and we also completed surveys. From this we developed the three key values our school community will focus on. We also decided on our mascots for the program. When we were thinking of an easy way to recall these we looked at our natural environment. The beautiful green of the escarpment, the yellow sand of our beach and the blue of the ocean. We also made an acronym of the first letters of the values – SEA, again appropriate to our environment. The obvious choice of a mascot was the whale – with our school being unique in having a ‘whale watching platform’.

So our three values are:

- **Show Respect**
- **Engaged in Learning**
- **Act Responsibly**

**Book Club**

Issue one of book club will be sent out this week. Please note the date for all orders to be returned to the office is Friday 26th February.

**Transition to High School**

Year 7 Enrichment Class 2017 Bulli High School supports and encourages all students to achieve their personal best in all areas of school life including academic performance, sport, creative & performing arts and to be good community citizens. As part of our commitment to student achievement and engagement Bulli High School will be creating a 2017 class for Year 7 students with high academic ability, and who demonstrate commitment and motivation. An Enrichment Placement Test will be held in the Bulli High School hall at 9.30am on Thursday 3rd March 2016. Application forms and information are available from the Bulli HS office and website, and from local public schools. Application forms need to be completed and returned to Bulli High School by Thursday 25th February.

Illawarra Sports High School Open Night on Monday 15th February. Students who are interested in attending Illawarra Sports High School are invited to an Open Night from 6pm. For more information go to: www.illawarraspor-h.schools.nsw.edu.au
Growth and Fixed Mindset

**GROWTH mindset**

**WHAT IS IT?**

- We used to think that our intelligence was fixed — meaning we were either smart or not. Scientists have proven again and again that simply is not true. Our brains are like a muscle — the more we use it, the stronger (and smarter) our brain becomes.

**HOW CAN YOU HELP YOUR CHILD**

1. **talk about it:**
   - Talk with your child about their mistakes and guide them to think about their mistakes.
   - Did you make a mistake today? What did you learn from it?
   - What did you do that was difficult today?

2. **pursue the process:**
   - Instead of saying, “That’s not smart!” praise effort and not getting everything through challenges, or being creative.
   - You can say something like, “When you need to work really hard you do it!”

3. **be the head of show:**
   - Encourage your child that their intelligence is not fixed, it has more capacity than they think. It’s a process. By trying a new skill, they may have something they thought they couldn’t do, but now they can do it. If they struggle, they learn from it and become stronger.
   - “When you try something new, the brain needs to know this is possible.”

**IS YOUR MINDSET FIXED?**

- A person with a fixed mindset:
  - may do these things:
    - avoid challenges
    - give up easily
    - ignore feedback
    - is threatened by other people’s success
    - try hard to appear as smart or capable as possible

**WHAT DOES A GROWTH MINDSET LOOK LIKE?**

- A person with a growth mindset:
  - may do these things:
    - embrace challenges
    - give their best effort
    - learn from feedback
    - become inspired by other people’s success
    - believe that intelligence can change if they work hard

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**Thirroul Seaside and Arts Festival – Friday 1st April to Sunday 3rd April**

Thirroul Youth Talent Quest – entries before 11th March.

Thirroul Seaside & Arts Festival 2016 Youth Talent Quest Once again the Thirroul Seaside & Arts Festival will be holding a Youth Talent Quest. Heats will be held at the Ryans Hotel on Sunday 20 & 27 March from 1pm. The finals will be on Saturday 2 April. If you would like to enter the Talent Quest applications are available at www.thirroulfestival.com All applications must be in by 11/3/2016.

**GENERAL NOTICES**

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**IGA THIRROUL**

We would like to thank IGA Thirroul for their ongoing donations of food/drinks which are greatly appreciated.
Helensburgh Junior Rugby League Football Club

Registration dates
Thursday 10th of February from 6pm at the Tradies Club
Saturday the 13th and the 20th in Walker St Helensburgh.

We are looking forward to another great year in 2016. All registrations are now online, please visit the website helensburghjrlfc.leaguenet.com.au push the green register now and follow the prompts. Your registration will be confirmed then you are required to come up and pay your registration at one of our rego days.

Please pass this on to all your friends who have daughters and love our game as League Tag for the girls begins in the Illawarra this year. Age groups u12, u14 and u16s will be playing. The league will run this so as not to impact the girls who may have other sporting commitments, i.e.: netball. But, once they start playing League Tag, they may not play anything else!! We are having a meeting on the 21st of Jan at the Tradies from 7pm for parents and daughters to come along. Hope to see many aspiring Sam Brenner (Hammond') there.

Shamrocks Junior Rugby Club

Registration Days for 2016 Held at Ocean Park Woonona
Wednesday 10th February 5pm – 7pm
Wednesday 17th February 5pm – 7pm

Training starts 24th Feb
Free Shamrock beanie for new registrations

Fees - $110 (includes shorts, socks) u7’s – u17’s New players welcome.

Contact: Andrew ph. 0432 944543
Birth certificate required for new players.